



Fairview Hospital invites you to

Live Your Best Life^{FREE} Health Education Programs

Thursday 6/28 Prevention and Wellness: A Better Kind of Medicine
Rich Berry, RN, The Life Enhancement Program

Tuesday 7/10 Avoid the Middle-Age Knee
Pier Boutin, M.D. Orthopaedics and Sports Medicine

Tuesday 7/24 Managing Pain in Hardworking Hands, Wrists & Elbows
Betsy Curtis, Occupational Therapist

Thursday 7/26 Diabetes: What's New In Treatment
Brian Phillips, M.D. Endocrinology

Thursday 8/2 Dry Eyes: Management and Your Options
Marcin Zygawski, M.D. Ophthalmology

Tuesday 8/14 Five Wishes: Start the Conversation for End of Life Care
HospiceCare in the Berkshires

Thursday 8/16 Evaluating Consumer Health Information on the Internet
Helen Prescott, Librarian, BMC Medical Library

presented at
NO CHARGE
to our neighbors

4:00 PM
Conference Room
at Fairview

Please RSVP
by calling
413-854-9609

JUNE through SEPTEMBER
*Every Monday morning at
Fairview Hospital*

FREE

**BLOOD PRESSURE
SCREENINGS**

MAIN LOBBY

10:30 AM - 12:00 noon

No appointment necessary



Fairview Hospital
BERKSHIRE HEALTH SYSTEMS

29 Lewis Avenue
Great Barrington, Mass.
berkshirehealthsystems.org