

HOW YOU CAN HELP YOUNG PEOPLE WITH ANXIETY, DEPRESSION, AND STRESS

A free online, interactive forum for parents, caregivers,
and community members

Learn resources and strategies to support
the children, adolescents, and teenagers
in our community.



Jane G. Tillman, PhD
Director of the Erikson Institute
for Education, Research, and
Advocacy of the Austen Riggs
Center



Donna Elmendorf, PhD
Director of the Therapeutic
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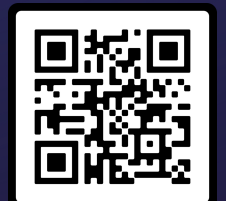
Deb Buccino, MD
Pediatrician, MACONY
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Southern Berkshire
Collaborative Care Team



Dan Knauss, PsyD
Staff Psychologist at the
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Tuesday, February 15 | 6:30–8:00 EST

REGISTER AT [TINYURL.COM/ANXIETYFORUM](https://tinyurl.com/anxietyforum) OR SCAN:



 *Habr  traducci n al espa ol.*

Hosted by Southern Berkshire Community Health Coalition

