



YOUTH

Cardio Drumming

(ages 7-11)

Thursdays
March 14th
through
April 4th
4:15 - 5:00 p.m.

Drum roll please!!! Join Kathy Roy in an upbeat full-body movement class drumming on a yoga ball. Do you think you can keep up with the beat? Come find out.

*This program is part of our Community Vitality programming, which is funded by the Lennox Foundation and the Lee Bank Foundation.

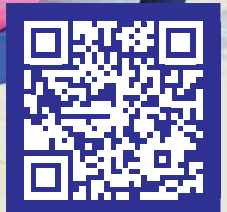
Members: \$30 • Non-Members: \$40



BERKSHIRE SOUTH
REGIONAL COMMUNITY CENTER

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