

Berkshire Hills Regional School District – Lunch Menu for August/September 2024

All Schools – Breakfast & Lunch are Free to all students

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			28 Chicken Patty Sandwich	29 BBQ Pulled Pork Sandwich	30 Cheese Pizza	31
1	2 No School Labor Day Holiday	3 Fish Sandwich	4 Marinated Breast of Chicken Rice	5 Baked Ziti	6 Cheese Calzone	7
8	9 Breakfast for Lunch WG Waffles Yogurt	10 Grilled Cheese Sandwich	11 Beef Tacos Rice	12 Chicken Parmesan WG Pasta	13 Stuffed Crust Pizza	14
15	16 Hamburger, Cheeseburger or Veggie Burger	17 Chicken Nuggets	18 Half Day of School	19 Clam Roll	20 Cheese Pizza	21
22	23 All Beef Hot Dog or Veggie Dog	24 Philly Cheese Steak Sandwich	25 Baked Macaroni & Cheese	26 BBQ Pork Riblet Sandwich	27 Stuffed Crust Pizza	28
29	30 Meatball Grinder					

Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department:

**Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - KATHY SULLIVAN – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org**

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