

Berkshire Hills Regional School District – Lunch Menu for November 2024

All Schools – Breakfast & Lunch are Free to all students





Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Stuffed Crust Pizza	2
3	4 Philly Cheese Steak Sandwich	5 No School Full Day In-Service Election Day	6 Chicken Parmesan WG Pasta	7 BBQ Pork Riblet Sandwich	8 Cheese Calzone	9
10	11 Veteran's Day Holiday 	12 Fish Sandwich	13 Meatloaf Mashed Potatoes w/Gravy	14 Chicken Patty Sandwich	15 Cheese Pizza	16
17	18 Breakfast for Lunch French Toast Yogurt	19 Hamburger, Cheeseburger or Veggie Burger	20 Grilled Cheese Sandwich	21 Baked Ziti WW Dinner Roll	22 Stuffed Crust Pizza	23
24	25 All Beef Hot Dog or Veggie Dog	26 Chicken Nuggets	27 No School Thanksgiving Break 	28 No School Thanksgiving Break 	29 No School Thanksgiving Break 	30

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department:

**Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - KATHY SULLIVAN – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**