

Berkshire Hills Regional School District – Lunch Menu for December 2024

All Schools – Breakfast & Lunch are Free to all students












Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 BBQ Riblet Sandwich	3 Grilled Cheese Sandwich	4 Beef Tacos Apple Churro	5 Fish Sticks Oven Fries	6 Cheese Calzone	7
8	9 Breakfast for Lunch Egg & Cheese Sandwich on WW Bagel	10 All Beef Hot Dog or Veggie Dog	11 Half Day of School	12 Chicken Nuggets Sweet Potato Fries	13 Cheese Pizza	14
15	16 Hamburger, Cheeseburger or Veggie Burger	17 Pasta Bar WG Pasta with Choice of Marinara or Alfredo Sauce	18 Holiday Luncheon Roast Turkey Mashed Potatoes w/Gravy Fresh Steamed Carrots WW Dinner Roll Pumpkin or Apple Pie	19 Chicken Patty Sandwich	20 Stuffed Crust Pizza	21  WINTER BREAK
22  WINTER BREAK	23  WINTER BREAK	24  WINTER BREAK	25  WINTER BREAK	26  WINTER BREAK	27  WINTER BREAK	28  WINTER BREAK
29  WINTER BREAK	30  WINTER BREAK	31  WINTER BREAK				

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department:

Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - **KATHY SULLIVAN** – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org

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